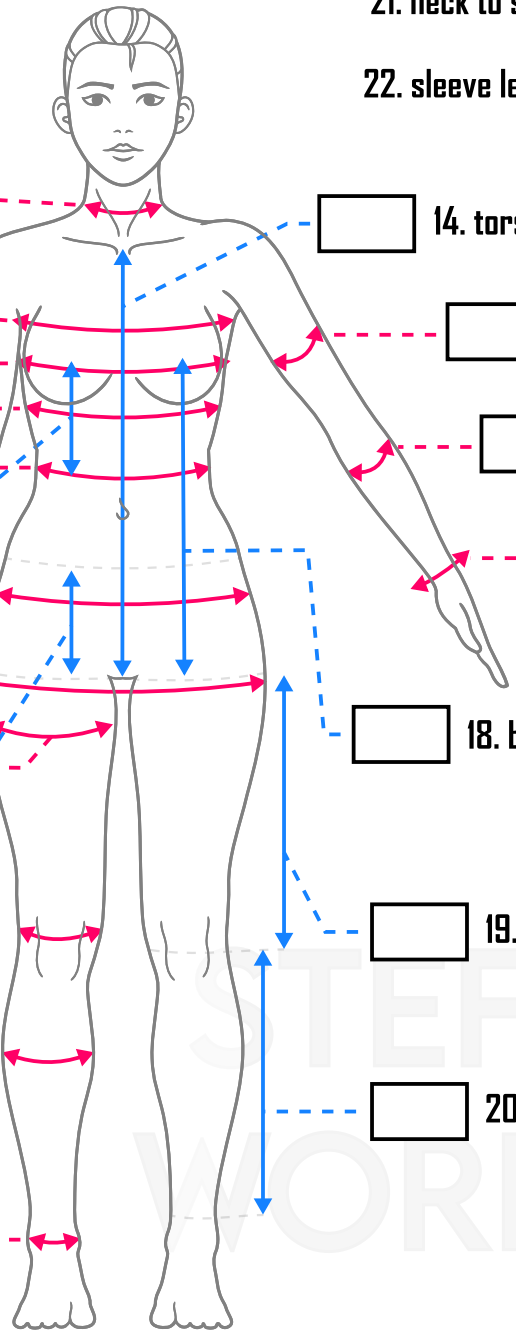
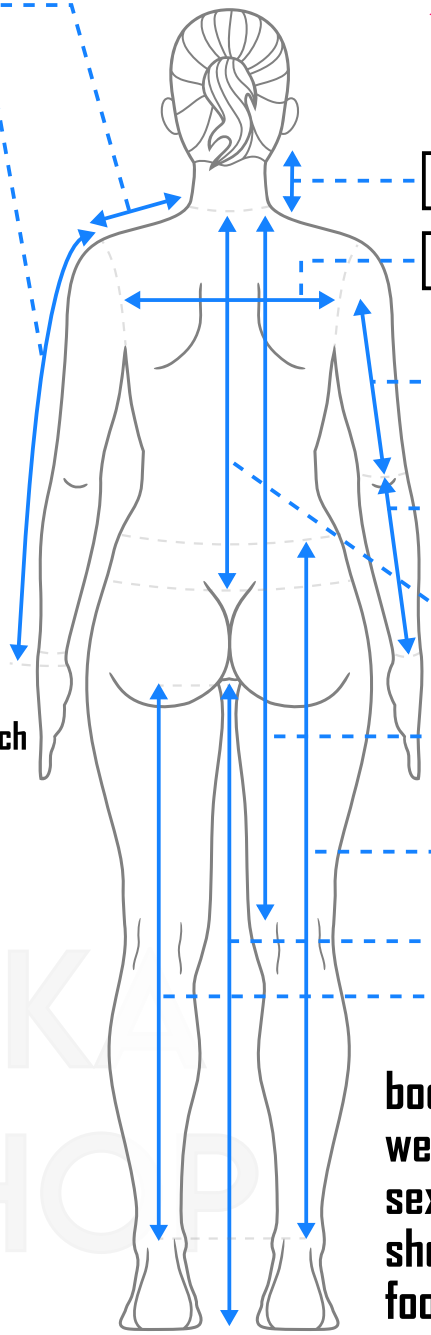
MEASUREMENT CHART: base body measurements

name
surname
country

fill in cm
length
circumference



1. neck base
2. over bust
3. bust
4. under bust
5. waist
6. breastbone to waist
7. high hip
8. low hip
9. thigh
10. rise
11. knee
12. calf
13. ankle
14. torso length
15. biceps
16. elbow
17. wrist
18. breastbone to crotch
19. thigh length
20. calf length
21. neck to shoulder
22. sleeve length



23. neck height
24. shoulder width
25. arm length
26. forearm length
27. back length (jacket)
28. back length (coat)
29. outseam
30. inseam to floor
31. inseam to ankle

body height (cm)
weight (kg)
sex
shoe size
foot length (cm)

STEFANKA WORKSHOP

MEASUREMENT CHART: hand & head

glove size ☐

32. hand length ☐

33. middle finger ☐

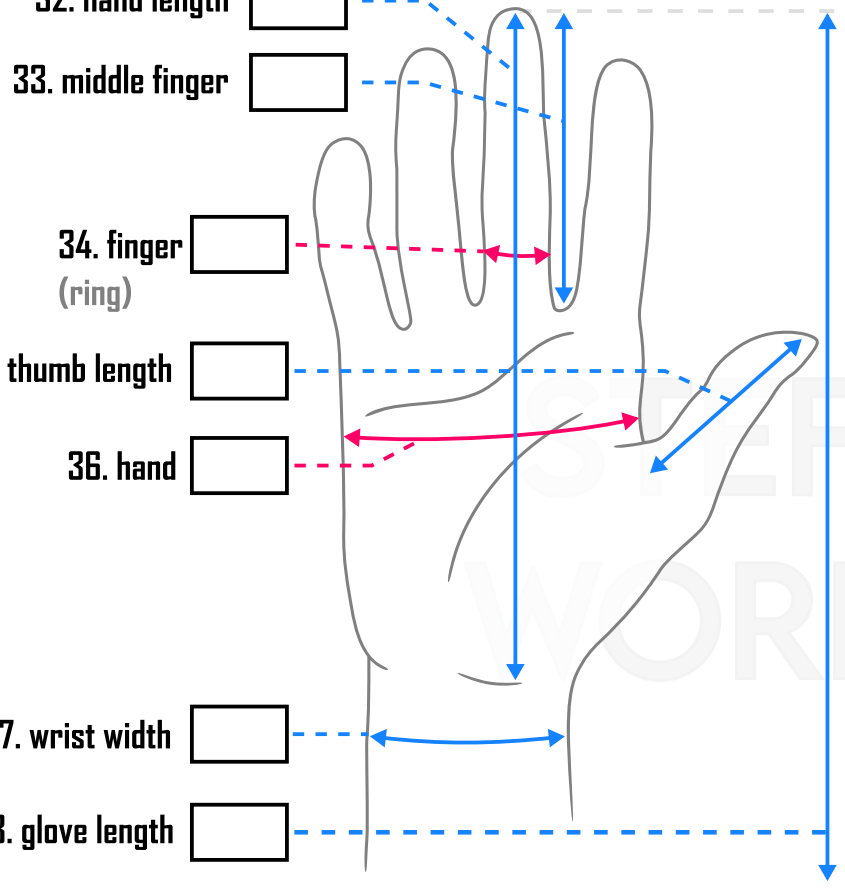
34. finger (ring) ☐

35. thumb length ☐

36. hand ☐

37. wrist width ☐

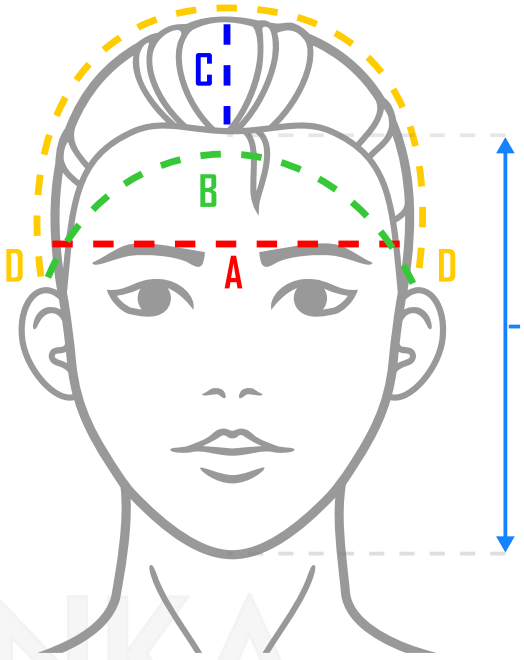
38. glove length ☐



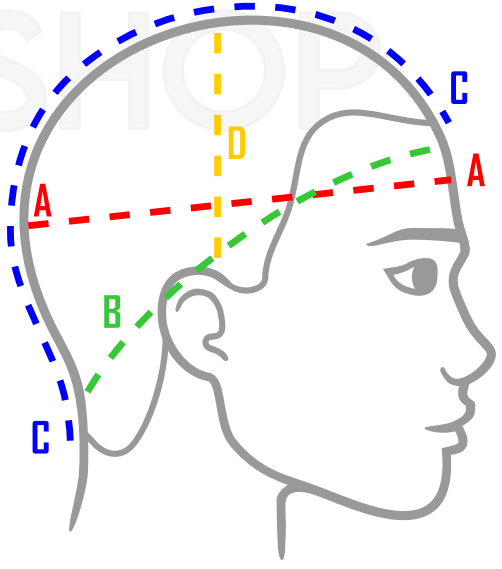
☐ fill in cm

length

circumference



39. face length ☐



☐ A. horizontal circumference

☐ B. diagonal circumference

☐ C. front hairline to nape

☐ D. ear to ear across top

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